



# Area Agency on Aging

Albemarle Commission

Region R Council of Governments

## SUCCESS STORY

### HOME-DELIVERED MEALS

CURRITUCK COUNTY  
CLIENT BARBARA EWING



12-9-24  
To be involved with the  
Home Delivered Meals Program  
Thank you from the bottom  
of my heart. It is a  
highlight of my Mom's (Barbara Ewing)  
day to greet the volunteers  
delivering her lunch, especially  
those that take a minute  
to exchange a kind word.  
You have truly made a difference  
in her life! Kindest regards,  
Willo Kelly

Currituck County resident, Ms. Barbara Ewing, recently relocated to Northeast North Carolina to be closer to her family.

To support her desire to remain independent and safe, she recently began receiving services from the Area Agency on Aging, Senior Nutrition Program.

According to Ms. Ewing's daughter, Willo Kelly, the Home Delivered Meals (Meals on Wheels) program has made a significant difference in her mother's life. Prior to receiving meals, Ms. Ewing would often forget to eat and often felt lonely and isolated. Since receiving the meals her family has noticed an improvement in her weight, overall health and, most importantly, her spirit. Ms. Kelly stated that the volunteers bring such joy to her mother and they always share a kind word with her.

Phone number:  
(252) 426-5733



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For information: <https://albemarlecommission.org/area-agency-on-aging/>

The Area Agency on Aging mission is to empower senior adults to enhance their quality of life through training, education, mediation, advocacy and coordination of services.